Big bowl of home-made soup £7

Chunk of warm bread + add a slice of organic Gorwydd cheese £3

Slice of today's home made pie £13.95

Skin on Old Bay fries, Parmesan & garlic peas

Please check the board for today's flavours

Fresh mussels £7.95/£16

Fresh mussels, Welsh cider, leeks, garlic & cream

Handmade burger £13.50

Prime cut rump steak burger

Welsh lamb & rosemary burger

Both served in a brioche bun, baby gem, tomato, pickles & red onion marmalade, Old Bay spiced

Smashed avocado & sautéed chorizo £8.95

Poached free-range egg on a toasted English muffin Veggie? Swap the chorizo for mushrooms

Fish & king prawn pie £12.95

Rosemary mash topping, buttery French beans

Today's paté £8.95

Crusty bread, chutney, cornishons. Check the board!

The 'Welsh-est' of rarebit £7.95

Bubbling Welsh rarebit on crusty Barra Gallegas bread, dressed house salad

Slow confit duck leg £9

Fig cous cous, molases

Sides £3.50

Garlic bread ~ Old Bay spiced fries ~ House salad ~ Gordal olives ~ Dipping breads & oils

Italian Ciapanini

filled soft ciabatta-panini bread, dressed house salad, homemade slaw add skin on spiced fries or small soup £3.50

Fish finger sandwich £9

Today's fish, lightly battered, pea & mint smash

Chilli jam ploughman's £7.95

Ham, cheddar, chilli jam & lettuce

Hot honey halloumi £8

Avocado & tomato

Meatball fritada £9

Slightly spiced red pepper and tomato sauce +add Mozzarella .50p

Coronation Chickpea £7.95

Curried chickpeas, mango chutney, pickled red onion, rocket

Slow roasted pulled pork £8.75

Home made apple sauce

Pan fried hanger steak £9

Balsamic onions, Perl las cheese

Hot hot tuna! £8.50

Parmesan and red onion

12" handmade, stone-baked pizza

Margherita (v) £12

Mozzarella, tomato sauce, fresh basil

Spicy £13

Chorizo, pepperoni, n'duja, chilli flakes

Seafood £13.50

Cockles, mussels, calamari, prawns, anchovies, samphire, laver flakes

Meaty £13.50

Ham, chicken, meatballs, pepperoni, roasted peppers

Oyster mushroom & goats cheese £12.75

Sautéed king oyster mushrooms, goats cheese, rocket

BBQ Chicken £13

Chicken, roasted peppers, BBQ drizzle

Extra toppings, £1 each

artichokes ~ olives ~ mushrooms ~ red onions ~ anchovies ~ chorizo pepperoni ~ ham ~ chicken ~ prawns ~ sun-dried tomatoes

Please turn over for wines, hot and chilled drinks